



Sandra Bendoriute

Independent Case Manager Assistant
SB Case by Case

Complex Care

sandra@sbcasebycase.co.uk



Adults and Children

Specialisms

Brain Injury,
Spinal Injury,
Complex Polytrauma.

Experience of:

Challenging Behaviour,
Intensive Care,
Mental Health
Management,
Pain Management,
Vocational Support.

Profile

Sandra is a highly experienced health and social care worker. She is person-centred, reliable, and results-oriented with over six years' experience supporting individuals with physical and mental health care needs within community and acute hospital settings.

Sandra has extensive hands-on experience working with adolescents and adults with conditions including brain and spinal injuries, PTSD, anorexia, depression, and epilepsy. Her educational foundation in psychology enables her to take an informed and holistic approach to client and team management, enhancing the outcomes for both. She has also worked in mental health care environments and is experienced in supporting younger clients with such challenges.

In her past roles, Sandra has managed care teams, participated in physiotherapy and cognitive rehabilitation activities, implemented client care routines, and trained staff with the aim of achieving the goals set by the client. Sandra has organised activities to support clients' social and psychological wellbeing, and provided emotional and psychological support through skilled, open communication techniques.

Sandra's keen attention to detail ensures effective oversight of all tasks, leading to smooth running and well supported teams. Sandra has excellent communication skills which is invaluable in promoting engagement and aiding de-escalation in challenging family dynamics. This contributes to well managed teams and a stable care environment.

Testimonial

"At all times Sandra was extremely professional and made sure her client was safe and enjoying himself to the best of his ability. Whilst her role was to support my father the other person in the house was my mother who was the other full time carer alongside Sandra, and they has a very good working relationship that to this day developed into a friendship."

Client's Family Member

Location:


London

Coverage:

South East England, South West England, Northern England



The
Case Management
Community

CQC Registration Status 	3HUB Ltd is Registered with CQC 21/03/2024 Click here for CQC registration ; 3HUB Community Members are able to use the 3HUB Ltd CQC registration and governance processes as an associate of 3HUB for clients that need regulated activity (subject to capacity). Current Rating: CQC has not inspected this service yet Regulated Activity Provided: personal care; treatment of disease, disorder or injury; caring for adults over 65 yrs; caring for adults under 65 yrs; caring for children (0 – 18 yrs); and physical disabilities.
Qualifications	BSc Psychology 2018 MSc Foundations of Clinical Psychology and Mental Health 2021
Continuous Professional Development	Regular training and formal 3 monthly supervision. Professional development reviews and governance/due diligence checks are undertaken annually. Current Mandatory Training Certificate and Safeguarding Level 3 Certificate available on request.
Professional Liability Insurance Policy	Professional Indemnity Cover: up to £6 million per claim Public Liability Cover: up to £6 million per claim Policy details available on request.
GDPR compliant	Current ICO Certificate available on request. Data Controller: Sandra Bendoriute
Enhanced DBS Certificate & Update Service	Full, clear enhanced Disclosure and Barring Service (DBS) certificate currently in place & update service details available on request.
Key Policies	All our policies and procedures are reviewed annually, and full details are available on request. Our suite of policies and procedures include Governance (including third party due diligence), Data & IT, Safeguarding, Safe Working & Risk Management, Employment, Clinical.